

Structured case discussions

If we do not deal with the aftermath of crisis situations properly, we reduce our chances to improve our responses. The aim of a well-structured case discussion is to help the RYCW in understanding his/her own personal feelings and to help the RYCW in finding a creative solution.

During case discussions RYCWs can discuss their case with their superiors or their colleagues. They should be able to talk and discuss about personal problems and emotional issues creating a ground where the RYCW can open up. Based on the principle of “two heads are better than one”, the group is able to tackle the same problem from different perspectives.

During a case discussion, the RYCW presents the case in detail which is followed by questions from the team. This helps the RYCW to find alternatives and to move on.

The whole process of problem solving during a case discussion should be thoroughly evaluated. It is important to stress that the aim of this process is NOT to judge the person presenting, but to concentrate on finding solutions and evaluating the consequences.

The steps of a case discussion:

- I. Presentation of the case
- II. Presentation of the case presenter's emotional attitudes
- III. Evaluation
- IV. Analysis of the case.
 - Solutions chosen and alternatives.
 - Comparing and evaluating the outcomes of possible solutions.
 - Support team. What kind of helpers and/or professionals seems to be necessary?
 - What challenges can be expected?

During case discussions RYCWs and the support team can get further help and assistance from colleagues, regarding the following areas:

- If RYCWs did not meet any difficulties, they can gain positive reinforcement and they can assess their activities based on the feedback.
- If RYCWs faced difficulties at any stage of the working process, they can get help to overcome them and provide support in solving problems.
- Through the cases presented by colleagues, by listening to the difficulties of others they can gather experience, best practices and knowledge in the field.

Case analysis might be followed by discussing the working of the RYCH:

- Brief summary of the past period.
- The implementation plan set out for the past period.
- Unfulfilled plans, failures and their causes.
- Difficulties, conclusions and new questions.
- Personal feelings and opinions about the achieved targets, results and progress made.
- Elaborating a new action plan.

Source :

Szivák Judit (2010): A reflektív gondolkodás fejlesztése, Magyar Tehetségsegítő Szervezetek Szövetsége, 2010